

# **Karen Mellott-Foshier**

## **Recommendations / Reference List**

### **Jon Orton, Director of Demand Generation, IDS**

I had the pleasure of working with Karen for over 12 years at Uponor. During that time, I was inspired by her passion for the craft of writing and the positive impact that she made on the business at Uponor. With her red pen in hand, she always gave 100 percent effort to educate her peers and help advance a thought, manage the perception of an issue, and bring forward new ideas. Her work influenced teams through creative, effective, and engaging content. In her relentless pursuit to elevate the importance of communication, she also built trust and influenced key stakeholders one project at a time. Throughout the years, I found Karen to be approachable, empathetic, and influential with people throughout the organization, including the C-level executives. I would highly recommend Karen to any employer and welcome the opportunity to work with her again in the future.

### **Jayson Drake, Product Manager Leader, Starkey Hearing**

Karen is an exceptional marketing and communications professional. I had the pleasure of working closely with Karen for several years, and was always impressed with the quantity and quality of her work. She's a wonderful writer, editor and communicator, consistently delivering a wide variety of impressive content for both internal and external audiences. But Karen's not just a great professional, she's also a great contributor to a business's culture, effectively managing both up and down, developing and inspiring highly-engaged teams and productive relationships. Karen would be a tremendous asset to any organization, and I can't recommend her highly enough.

### **Krista Nyman, Marketing and Communications Manager, Ramboll**

I had the pleasure of working with Karen Mellott-Foshier over a span of nine years, from 2006 until 2015. I was based at Uponor's head office in Finland, northern Europe, leading the company's employee communications globally, and Karen was my main contact in North America.

It was always easy to work with Karen on translating our strategic plans and targets into tangible actions and interesting stories. Karen can not only create ambitious communications and PR plans to support the company's strategy but also to implement those plans successfully and with measurable results.

She is an accomplished multitasker who embraces challenges with a positive can-do attitude. I learned to respect Karen as a true communications professional whose opinion I always valued.

Karen respects and encourages all who work with her. She is able to quickly establish a strong rapport with people, build networks and work with individuals from different backgrounds and cultures. I feel confident in saying that Karen would be a valuable asset for any organization, and can warmly recommend her for any communications and public relations leadership role.

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### **Linda Lawrence, Director of Talent Management, Marsden Services**

Karen fully engages in the success of the organization and her colleagues. Any project team she leads or joins will benefit from her energy and optimism. When I joined Uponor I was immediately assigned a large and highly visible project. Karen was the person who ensured the success of that project and many others. Karen is a collaborator who improves others' work through her creativity, feedback, and editing. She is smart and highly proficient in her areas of expertise, especially writing and communications. She is also a get-it-done person who works hard and meets deadlines.

### **Johanna Ylitalo, Communications Manager, SRV**

Karen is one of the most talented communications professionals I have worked with. We were colleagues for three years while we both were working at Uponor Corporation, myself being based at our headquarters in Finland and Karen based in North America. The projects we shared were both internal and external communications and global projects, like intranet development and Capital Market Days event, just to mention a few. Karen's passion and enthusiasm for communications is stunning. She is an excellent writer and great at social media, she knows corporate communications 'rules' well and she has excellent presentation skills. I really enjoyed working with Karen and would be honored to work with her any time again!

### **Tiina Koivisto, Communications Specialist, Uponor**

I had the pleasure of working with Karen during the years 2016-2019. Karen was a very valued member of our global communication team. She is a skillful writer and a captivating storyteller - her articles and employee stories on our intranet were greatly appreciated by our employees worldwide. Karen was a tremendous help in the administration and development of our SharePoint 2016 intranet, always contributing with great ideas and having the ability to look at things from different perspectives, as well as listening to and voicing the opinions of our colleagues. I can warmly recommend Karen not only as a hard-working, highly skilled communications professional, but also as a helpful, caring and a friendly colleague.

### **Cale Coughlan, Senior Developer, One North, A TEKsystems Company**

Karen's attention to detail was unmatched in our communications department. While working with her on multiple SharePoint projects at Uponor, I was continually impressed with both her ability to write quality content and, to an almost greater extent, collaborate with all the project stakeholders. It can often be challenging when people (including senior management) have different ideas on how messages should be conveyed and having Karen help explain the pros and cons of each approach to get people on board made internal efforts go much smoother. In addition to her plethora of skills, she's extremely knowledgeable about travel and has many great stories. Karen would be a great asset to any organization.

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### **Brent Noonan, Vice President of Channel Sales – Americas, Stratasys**

I worked with Karen at Uponor for 9 years. I always found her to be very enjoyable to work with and regardless of how busy she was, she always made time for me! She did a good job of talking through what I was trying to accomplish and helping craft a powerful message that spoke to the targeted audience.

### **Additional references**

The following two people are former colleagues/managers and available to provide references over the phone.

- Ingrid Mattsson, Director of Brand and Sustainability, Uponor; 612.845.6707
- Carla Anderson, Director of Business Communications; DST Pharmacy Solutions; 952.994.5751